

BIOGRAPHY



The logo for FutureAgeCare Lifestyle & Leisure features the text 'FutureAgeCare' in a large, bold, sans-serif font. 'FutureAge' is in a light green color, and 'Care' is in a dark blue color. Below this, the words 'Lifestyle & Leisure' are written in a smaller, bold, dark blue font. The entire logo is set against a light green rectangular background.

Operating since 2005, FutureAge Care is a christian organisation that provides a range of lifestyle and leisure services for residential aged care and adult healthcare providers.

Services for clients in residential care include leisure activities, Multisensory Health™ and Sound for Health™ therapeutic programs, pastoral care and programs to support activity based rehabilitation for adult clients.

Specific client support includes working with clients with dementia and those living in aged care residential facilities; adults with a multiple disability diagnosis including acquired brain injury and individuals with very high-level support needs.

Our services, training workshops and lifestyle resources are utilised by lifestyle and leisure coordinators, diversional therapists, nursing staff and other allied healthcare professionals who have direct contact with clients.

Organisations that we have provided services for include WSAHS, SESIAHS, UnitingCare Ageing, Cook Care, Royal Rehabilitation Centre Sydney, Uniting Care Ageing, Alzheimer's Australia, TAFE (Nursing studies) Diversional Therapy Australia, Baptist Community Services, IRT and Lighthouse Health Group.

Jennifer Freeman is the senior consultant and director of FutureAge Care. Jennifer has gained many years experience in diversional therapy and leisure programming, working regularly with a range of clients in residential high-care support. Jennifer's specialty interests include activity programs for later stages of dementia, adults with a multiple disability diagnosis and acquired brain injury, multisensory enrichment programs and pastoral care. FutureAge Care provides regular lifestyle and leisure material for INsite Aged Care Newspaper (APN Media).

Public Speaking Engagements include: recipient of the 2005 Research Grant from Victoria University and keynote speaker at the 2006 Annual Aged Care Lifestyle and Leisure Conference for Total Aged Services, Melbourne; guest speaker at the Sydney Carex Expo for Total Aged Services 2007; speaker at the Hammond Care Conference on Ageing & Depression 2007; guest speaker - Aged Care Quality Association Conference 2007; guest presenter at the NSW Diversional Therapy Convention May 2008, guest speaker for the Nutrition and Catering Consultancy FanJournal Conference (aged care) 2009. Upcoming 2010 public speaking engagements include guest speaker for Catholic Health Care Services, (June) and Total Aged Services (Aug).

Jennifer Freeman

Qualifications

BA Hons Music (Anglia Ruskin University, Cambridge)
Diversional Therapist (Diversional Therapy Australia) - level 1 certification

Multisensory Health™ and Sound for Health™ trained (FutureAge Care)
Clinical Pastoral Education (Chaplaincy) Aged Care and Adult Rehabilitation (Rozelle and Royal North Shore Hospitals)



Contact details

Ph 02 9877 5208 / Mob 0439 775 208

Fax 02 8580 4821

e: jennifer@futureagecare.com

www.futureagecare.com

DOB 08/11/71 - Australian Citizenship

FutureAge Care

PO Box 3446 Putney NSW 2112

Ph 02 9877 5208 Fx 02 8580 4821

ABN 73 254 573 622

