



Grief and Loss

- Resident and relatives care support training program for staff in aged care -

A practical training program for aged care staff, presenting on topics relating to grief and loss among residents and their loved ones. This training is specific to the aged care environment and is suitable for all staff who have direct contact with residents and their families.

Topics include:

- Identifying loss and grief among our residents – *the move into care, types of loss and grief, end of life and dying*
- Appropriate responses and how to care for a resident – *communication, person-focused care, action-reflection method*
- Providing support and comfort for relatives during the move into care and during the loss of a loved one – *the role of supporting relatives, practical responses and effective management*
- Care for ourselves at work – *understanding and identifying our own needs, self care at work*

** Optional additional module – activities to help support the grief and loss process for residents (Lifestyle & Leisure focus)

Presenter:

Jennifer Freeman is a Diversional Therapist and consult-business owner of FutureAge Care. She has gained Clinical Pastoral Education (Chaplaincy) training units in both aged care and adult rehabilitation, working in pastoral care and diversional therapy for a range of aged care providers in Sydney. Jennifer has had many years experience presenting at training seminars, conferences and various workshops. She has presented for the Diversional Therapy Association, Hammond Care, Total Aged Services and Redleaf College. FutureAge Care provides training, resources and consultancy for healthcare providers in Australia. We write for INsite newspaper and supply a bi-monthly newsletter, which can be viewed online.

Training Program:

This training program is a 2.5-hour session with training notes and practical work to equip your staff, build their confidence and skills in this very important area of resident care. A certificate of completion is awarded to each participant at the end of the training.

The Grief and Loss training program is \$350 plus a travel fee may apply depending on your location.

For bookings and enquiries contact FutureAge Care:

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