

## Training Programs 2010

### FutureAge Care

Upcoming training for Diversional Therapists, RAO, Nursing Care Staff and Nurse Educators, other Therapists:

#### **Sensory Enrichment Therapeutic Training – a unique opportunity, new this year, limited vacancies.**

Sensory-based activities and therapy for aged care/adult care residents with high care needs including dementia, multiple disabilities, bed-confined, palliative care and those unable to access many other activity programs at the present time.



Multisensory Health™ &  
Sound for Health™



#### **Sound for Health™ training for staff**

Details: Mon 22<sup>nd</sup> Feb 10-2:30pm – Macquarie Business Training Centre,  
level 1, 8 Thomas St Chatswood

#### **Topics include:**

- Hearing, dementia and the ageing process effect on the senses
- Identifying sensory deprivation and environmental noise factors
- Creating healthy sound activities and a Sound for Health™ therapy for residents
- Planning, observations and accurate documentation

A certification of competency is awarded on completion of this training. Training kit and education materials are also supplied to each participant.

#### **Multisensory Health™ training program**

Details: Weds 3<sup>rd</sup> March 10-2:30pm – Macquarie Business Training Centre,  
Level 1, 8 Thomas St Chatswood

#### **Topics include:**

- Overview of the senses, sensory deprivation and sensory overload within aged care/adult care environments
- Creating multisensory activities and a Multisensory Health™ therapy for residents
- Coma technique (A Mindell – Process Work Institute)
- Planning, observations and accurate documentation

Includes Training Kit materials and certificate of competency on completion of this training.  
For full and comprehensive training in both sound and multisensory therapies please attend both training dates.

### FutureAge Care

Operating since 2005, FutureAge Care is a Christian-based organisation providing a range of services for residential aged care and adult healthcare providers. Services include multisensory enrichment programs and wellbeing activities for high care client needs, pastoral care, consultancy and training solutions for healthcare staff.

Our areas of specific experience include residents living with moderate to advanced dementia, clients with behavioural symptoms, adults with a multiple disability diagnosis and adults with a traumatic brain injury.

Our therapies are designed to optimise a range of benefits and experiences for clients, such as human interactions and life engagement, relaxation, pain intervention, sensory enrichment and to help alleviate depression and long-term isolation.

**FutureAge Care – Training Programs Booking Form**

✓ Please tick & complete the section of interest to you

1)  **Sound for Health™**      **Mon 22<sup>nd</sup> Feb** Chatswood 10-2.30pm      \$145.00 p/person

Names of those attending \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2)  **Multisensory Health™**      **Weds 3<sup>rd</sup> March** Chatswood 10-2.30pm      \$145.00 p/person

Names of those attending \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Method of payment: *please tick*

- Credit Card or Paypal payment must be made online at [www.futureagecare.com](http://www.futureagecare.com)
- Cheque/Postal Order posted to us
- Direct Deposit (\*\*account details at bottom of this page – use organisation or surname as reference please)
- Please forward us an invoice to arrangement payment\* *payment must be paid prior to the day*

**Total Amount:** \$ \_\_\_\_\_ (There is no GST charge)

Organisation Name \_\_\_\_\_

Address \_\_\_\_\_

Contact Ph \_\_\_\_\_ Email \_\_\_\_\_

Contact Name \_\_\_\_\_

- You will be sent confirmation and map of location, parking, times etc.

Please contact us if you would like to make a further enquiry, or go to: [www.futureagecare.com](http://www.futureagecare.com)

\*\*Direct Deposit:  
FutureAge Care  
**BSB: 032 280 Acc: 166553**  
Westpac Bank

Please fax, email or post this form/payment back to us:  
FutureAge Care **Fax 02 8580 4821**  
PO Box 3446, Putney NSW 2112  
Enquiries: ph 02 9877 5208 e: [jennifer@futureagecare.com](mailto:jennifer@futureagecare.com)  
**ABN 73 254 573 622**